

Special Diet Needs

Twin Rocks Friends Camp

Twin Rocks works hard to meet the dietary needs of our guests. Please help us anticipate the special diet needs of your guests by including the following statement on your registration form:

“Twin Rocks Friends Camp can accommodate the following six special diet needs: non-celiac gluten free allergies, dairy allergies, nut allergies, *diabetic, vegetarian, and vegan.”

Please note that if a guest has a *combination* of these needs or other dietary restrictions, **we may not be able to guarantee that we can accommodate their needs.** We recommend those individuals who have a combination of needs or a dietary need that is not listed above to please contact Mike Purcell, Food Service Director at 503-355-2284 or email at foodservice@twinrocks.org. Additionally, you may contact Christina Becker in the Guest Services office for questions, or to receive a copy of the menu ahead of time.

After you have gathered your guests’ special diet information, please complete the following and let our Guest Services Department know: (Email: christina@twinrocks.org, Fax: (503) 355-8341, or Office: (503) 355-2284).

Name (First name/last initial) **Special Diet Need (please, no food preferences)**

1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____
8. _____	_____

There is a small refrigerator in the dining room where guests may store well labeled food items to help augment their diet as needed. Larger, well labeled items may also be stored in the camp’s main walk-in cooler.

*We offer fresh fruit for diabetics as an alternative to dessert, so please ask them to bring any sugar-free desserts they may wish to have as an alternative to fruit.